

MEDINA SWIMMING TIMETABLE



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
6.15	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED	CLOSED	CLOSED
7.15	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	SEACLOSE SWIM CLUB	SWIM LESSONS	CLOSED	CLOSED
8.15	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	SEACLOSE SWIM CLUB	SWIM LESSONS	CLOSED	CLOSED
9.15	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	SWIM LESSONS (9.30)	SWIM LESSONS	CASUAL SWIM	CASUAL SWIM
10.15	CLOSED	AQUABABES	CLOSED	AQUABABES	SCHOOL SWIM	SCHOOL SWIM	CLOSED	AQUABABES	SCHOOL SWIM	SCHOOL SWIM	SWIM LESSONS	SWIM LESSONS	CASUAL SWIM	CASUAL SWIM
11.15	CLOSED	CLOSED	CLOSED	CLOSED	SCHOOL SWIM	SCHOOL SWIM	CLOSED	CLOSED	SCHOOL SWIM	SCHOOL SWIM	SWIM LESSONS	SWIM LESSONS	CASUAL SWIM	CASUAL SWIM
12	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	SWIM LESSONS	SWIM LESSONS	CASUAL SWIM (12.15)	CASUAL SWIM (12.15)
13.15	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM
14.15	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM
15.15	SWIM LESSONS	SWIM LESSONS	CLOSED	CLOSED	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS		
16.15	SWIM LESSONS	SWIM LESSONS	CLOSED	CLOSED	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS		
17.30	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED		
18.30	SEACLOSE SWIM CLUB	CLOSED	CASUAL SWIM	CLOSED	SEACLOSE SWIM CLUB	CLOSED	CASUAL SWIM	CLOSED	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED		
19.30	SEACLOSE SWIM CLUB	CLOSED	AQUACISE	CLOSED	SEACLOSE SWIM CLUB	CLOSED	AQUACISE	CLOSED	SEACLOSE SWIM CLUB	CLOSED	SEACLOSE SWIM CLUB	CLOSED		

All lane swims, casual swims and family swims are 45 minutes.



THE HEIGHTS SWIMMING TIMETABLE



	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY	
	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL	MAIN POOL	SMALL POOL
6.30	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
7.30	LANE SWIM	CLOSED	MARLINS	CLOSED	LANE SWIM	CLOSED	MARLINS	CLOSED	LANE SWIM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
8.30	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	SWIM LESSONS	SWIM LESSONS	LANE SWIM	CLOSED
9.30	CASUAL SWIM	CASUAL SWIM	ADULT LESSONS	AQUA BABES	CASUAL SWIM	CASUAL SWIM	CLOSED	AQUABABES	CASUAL SWIM	CASUAL SWIM	SWIM LESSONS	SWIM LESSONS	FAMILY SWIM	FAMILY SWIM
10.30	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	SWIM LESSONS	SWIM LESSONS	FAMILY SWIM	FAMILY SWIM
11.30	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM
12.30	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM
13.30	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM
14.30	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	SCHOOL SWIM	CLOSED	CLOSED	FAMILY SWIM	FAMILY SWIM
15.30	CASUAL SWIM	CASUAL SWIM	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	CASUAL SWIM	CASUAL SWIM	PRIVATE HIRE	PRIVATE HIRE	CLOSED	CLOSED
16.30	LANE SWIM	CLOSED	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	SWIM LESSONS	LANE SWIM	CLOSED	CLOSED	CLOSED		
17.30	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED				
18.30	AQUACISE	CLOSED	LANE SWIM	CLOSED	AQUACISE	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED				

All lane swims, casual swims and family swims are 45 minutes.