

Medina Pool Programme

18 October to 31 October 2021.



	Monday		Tuesday		Wednesday		Thursday		Friday			Saturday		Sunday		
SESSION	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool		Main pool	Small pool	Main pool	Small pool	
07.00am	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED		07.00am	SWIM CLUB	CLOSED	CLOSED	CLOSED
07.15am	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED		08.00am	SWIM CLUB	CLOSED	CLOSED	CLOSED
08.15am	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED		08.30am	SWIM CLUB	LESSONS	CLOSED	CLOSED
09.15am	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED		09.15am	LESSONS	LESSONS	CASUAL SWIM	CASUAL SWIM
10.15am	CLOSED	AQUABABES	CLOSED	AQUABABES	CASUAL SWIM	CASUAL SWIM	CLOSED	AQUABABES	CASUAL SWIM	CASUAL SWIM		10.15am	LESSONS	LESSONS	CASUAL SWIM	CASUAL SWIM
11.15am	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM		11.15am	LESSONS	LESSONS	CASUAL SWIM	CASUAL SWIM
12.15pm	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED		12.15pm	LESSONS	LESSONS	CASUAL SWIM	CASUAL SWIM
1.15pm	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM		1.15pm	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM
2.15pm	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM		2.15pm	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM
3.45pm	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS		<p>All sessions last 45 minutes. Advance booking required for Aquacise. Book online at: leisurebookings.iow.gov.uk</p>				
4.15pm	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS						
5.30pm	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED						
6.30pm	SWIM CLUB	CLOSED	CASUAL SWIM	CLOSED	SWIM CLUB	CLOSED	CASUAL SWIM	CLOSED	SWIM CLUB	CLOSED						
7.30pm	SWIM CLUB	CLOSED	AQUACISE	CLOSED	SWIM CLUB	CLOSED	AQUACISE	CLOSED	SWIM CLUB	CLOSED						

The Heights Pool Programme

18 October to 31 October 2021.



	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
SESSION	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool	Main pool	Small pool
06.30am	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
07.30am	LANE SWIM	CLOSED	CLOSED	CLOSED	LANE SWIM	CLOSED	CLOSED	CLOSED	LANE SWIM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
08.30am	LANE SWIM	CLOSED	CLOSED	CLOSED	LANE SWIM	CLOSED	CLOSED	CLOSED	LANE SWIM	CLOSED	LESSONS	LESSONS	LANE SWIM	CLOSED
09.30am	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	AQUABABES	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	AQUABABES	CASUAL SWIM	CASUAL SWIM	LESSONS	LESSONS	FAMILY SWIM	FAMILY SWIM
10.30am	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	AQUACISE	CLOSED	LESSONS	LESSONS	FAMILY SWIM	FAMILY SWIM
11.30am	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	LESSONS	LESSONS	FAMILY SWIM	FAMILY SWIM
12.30pm	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM
1.30pm	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM
2.30pm	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	CASUAL SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM	FAMILY SWIM
3.30pm	CASUAL SWIM	CASUAL SWIM	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	CASUAL SWIM	CASUAL SWIM				
4.30pm	CASUAL SWIM	CASUAL SWIM	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	LESSONS	CASUAL SWIM	CASUAL SWIM				
5.30pm	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED				
6.30pm	AQUACISE	CLOSED	LANE SWIM	CLOSED	AQUACISE	CLOSED	LANE SWIM	CLOSED	LANE SWIM	CLOSED				

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