1LEISURE MEDINA POOL PROGRAMME

Main pool

	бам	7ам	8	AM S) Am	10 am	11ам	12рм	1рм	і 2рм	Зрм	4P	м 5г	РМ	6 рм	7рм	8рм	9рм
Monday		Lane swim 6.15 to 8am		Casual swim* 8 to 9AM	ç	Aqua- cise 9.15 to 10am	Casual swim 10.15 to 11.45am	Lane swim 12 to 12.45pm		Casual swim 1 to 3PM		Swimming lessons 3.45 to 5.15PM			Lane swim 5.30 to 6.15PM	Seaclose 6.15 to 8.15pm		Swim for fitness 8.15 to 9.15pm
Tuesday		Seaclose .15 to 7.15AM	Lane swim 7.15 to 8AM	Casual swim* 8 to 9AM	ç	Aqua- cise 9.15 to 10am	Casual swim 10.15 to 11.45am	Lane swim 12 to 12.45pm		Casual swim 1 to 3PM			Swimming lessons 3.45 to 5.15PM		Lane swim 5.30 to 6.15PM	Casual swim 6.30 to 7.15PM	Аqua- cise 7.30 to 8.15рм	Lane swim 8.30 to 9.15PM
Wednesday	,	Lane swim 6.15 to 8AM		Casual swim* 8 to 9AM	g	Aqua- cise 9.15 to 10AM	Casual swim 10.15 to 11.45am	Lane swim 12 to 12.45pm		Casual swim 1 to 3PM		Swimming lessons 3.45 to 5.15pm			Lane swim 5.30 to 6.15PM	Seaclose 6.15 to 8.15pm		Private hire 8.15 to 9.15рм
Thursday		Seaclose .15 to 7.15AM	Lane swim 7.15 to 8AM	Casual swim* 8 to 9AM	ç	Aqua- cise 9.15 to 10AM	Casual swim 10.15 to 11.45am	Lane swim 12 to 12.45pm		Casual swim 1 to 3PM			Swimming lessons 3.45 to 5.15pm		Lane swim 5.30 to 6.15PM	Casual swim 6.30 to 7.15PM	Aqua- cise 7.30 to 8.15PM	Staff training 8.30 to 9.15PM
Friday		Lane swim 6.15 to 8am		Casual swim* 8 to 9AM	g	Aqua- cise 9.15 to 10am	Casual swim 10.15 to 11.45am	Lane swim 12 to 12.45pm		Casual swim 1 to 3PM		Swimming lessons 3.45 to 5.15PM		I	Lane swim 5.30 to 6.15PM	Seaclose 6.15 to 8.15PM		Lane swim 8.15 to 9.15pm
Saturday		Seaclose 6 to 9.30AM				Swimming lessons 9.30am to 1pm				Casual swim 1.15 to 3PM (two lanes 2.15 to 3P	PM)	Parties 3.15 to 4.15pm						
Sunday Tri group 8 to 9AM					Casual swim 9am to 12.30pm				Casual swim 1 to 4PM (two lanes 3.15 to 4PM)									

*Two lanes

1LEISURE MEDINA POOL PROGRAMME

Small pool

6	Бам	7ам	8ам	9 A	м 10ал	1 1 1AM	12рм	1рм	2рм	Зы	м	4рм	5рм	б рм	7 PI	Ŋ	8рм	9рм
Monday						Casual swim 10.15 to 11.45AM			Casual swim 1 to 3pm			les	nming sons D 5.15pm					
Tuesday						Casual swim 10.15 to 11.45am			Casual swim 1 to 3pm			les	nming sons о 5.15рм	Casual swim 5.30 to 6.15рм				
Wednesday						Casual swim 10.15 to 11.45am			Casual swim 1 to 3pm			les	nming sons D 5.15pm					
Thursday						Casual swim 10.15 to 11.45 _{AM}			Casual swim 1 to 3pm			les	nming sons D 5.15pm	Casual swim 5.30 to 6.15PM				
Friday						Casual swim 10.15 to 11.45am			Casual swim 1 to 3pm			les	nming sons D 5.15pm					
Saturday			eaclose to 9.30am			Swimming lessons 9.30am to 1pm			Casual swim 1.15 to 3PM		Swi part 3.15 4.15	ties to						
Sunday			group to 9ам		Casual swim 9am to 12.30pm		Casual swim 1 to 4рм											