MAIN POOL HEIGHTS HOLIDAY SWIM TIMETABLE

leisure

MONDAY		TUESDAY		WEDNESDAY	
6.00 to 7.30am	Lane swim	6.00 to 7.30am	Lane swim	6.00 to 7.30am	Lane swim
7.30 to 9.00am	Casual swim	7.30 to 8.30am	Marlins	7.30 to 9.00am	Casual swim
9.00 to 9.55am	Lane swim	9.00 to 9.45am	Aquacise	9.00 to 9.55am	Lane swim
10.00 to 10.50am	Casual swim	10.00 to 10.50am	Casual swim	10.00 to 10.50am	Casual swim
11.00 to 11.45am	Aquacise	11.00 to 11.45am	Aquacise	11.00 to 11.45am	Aquacise
11.50am to 1.00pm	Lane swim	11.50am to 1.00pm	Lane swim	11.50am to 1.00pm	Lane swim
1.05 to 2.20pm	Fun session	1.05 to 2.20pm	Fun session	1.05 to 2.20pm	Fun session
2.30 to 3.45pm	Fun session	2.30 to 3.45pm	Fun session	2.30 to 3.45pm	Fun session
4.00 to 5.30pm	Swimming lessons	4.00 to 5.30pm	Swimming lessons	4.00 to 5.30pm	Swimming lessons
5.35 to 6.25pm	Lane swim	5.35 to 6.25pm	Lane swim	5.35 to 6.25pm	Lane swim
6.30 to 7.15pm	Aqua/Deep	6.30 to 7.30pm	Casual swim	6.30 to 7.15pm	Aqua/Deep
7.30 to 9.00pm	Casual swim	8.00 to 9.00pm	Lane swim	7.30 to 9.00pm	Casual swim
THURSDAY		FRIDAY		SATURDAY	
THURSDAY		FRIDAY		SATURDAY	
THURSDAY 6.00 to 7.30am	Lane swim	FRIDAY 6.00 to 7.30am	Lane swim	SATURDAY 8.30 to 11.30am	Swimming lessons
	Lane swim Marlins		Lane swim Casual swim		Swimming lessons Casual swim
6.00 to 7.30am		6.00 to 7.30am		8.30 to 11.30am	
6.00 to 7.30am 7.30 to 8.30am	Marlins	6.00 to 7.30am 7.30 to 9.00am	Casual swim	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm	Casual swim Fun session
6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am	Marlins Aquacise	6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am	Casual swim Lane swim	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm 3.00 to 3.45pm	Casual swim Fun session Swim parties
6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am 10.00 to 10.50am	Marlins Aquacise Casual swim	6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am 10.00 to 10.50am	Casual swim Lane swim Casual swim	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm	Casual swim Fun session
6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am 10.00 to 10.50am 11.00 to 11.45am	Marlins Aquacise Casual swim Aquacise	6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am 10.00 to 10.50am 11.00 to 11.45am	Casual swim Lane swim Casual swim Aquacise	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm 3.00 to 3.45pm	Casual swim Fun session Swim parties
6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm	Marlins Aquacise Casual swim Aquacise Lane swim	6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm	Casual swim Lane swim Casual swim Aquacise Lane swim	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm 3.00 to 3.45pm 4.00 to 4.45pm	Casual swim Fun session Swim parties
 6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm 1.05 to 2.20pm 	Marlins Aquacise Casual swim Aquacise Lane swim Fun session	 6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm 1.05 to 2.20pm 	Casual swim Lane swim Casual swim Aquacise Lane swim Fun session	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm 3.00 to 3.45pm 4.00 to 4.45pm SUNDAY	Casual swim Fun session Swim parties Accessible swim club
 6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm 1.05 to 2.20pm 2.30 to 3.45pm 	Marlins Aquacise Casual swim Aquacise Lane swim Fun session Fun session	 6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm 1.05 to 2.20pm 2.30 to 3.45pm 	Casual swim Lane swim Casual swim Aquacise Lane swim Fun session Fun session	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm 3.00 to 3.45pm 4.00 to 4.45pm SUNDAY 8.00 to 8.55am	Casual swim Fun session Swim parties Accessible swim club Lane swim
 6.00 to 7.30am 7.30 to 8.30am 9.00 to 9.45am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm 1.05 to 2.20pm 2.30 to 3.45pm 4.00 to 5.30pm 	Marlins Aquacise Casual swim Aquacise Lane swim Fun session Fun session Swimming lessons	 6.00 to 7.30am 7.30 to 9.00am 9.00 to 9.55am 10.00 to 10.50am 11.00 to 11.45am 11.50am to 1.00pm 1.05 to 2.20pm 2.30 to 3.45pm 4.00 to 5.30pm 	Casual swim Lane swim Casual swim Aquacise Lane swim Fun session Fun session Casual swim	8.30 to 11.30am 11.30am to 1.00pm 1.10 to 2.55pm 3.00 to 3.45pm 4.00 to 4.45pm SUNDAY 8.00 to 8.55am 9.00 to 11.00am	Casual swim Fun session Swim parties Accessible swim club Lane swim Casual swim

SMALL POOL HEIGHTS HOLIDAY SWIM TIMETABLE

MONDAY		TUESDAY		WEDNESDAY	
9.00 to 9.55am	Casual swim	10.00 to 11.00am	Aqua babes	9.00 to 9.55am	Casual swim
10.00 to 10.45am	Aquacise	11.50am to 1.00pm	Casual swim	10.00 to 10.45am	Aquacise
11.50am to 1.00pm	Casual swim	1.05 to 2.20pm	Fun session	11.50am to 1.00pm	Casual swim
1.05 to 2.20pm	Fun session			1.05 to 2.20pm	Fun session
2.30 to 3.45pm	Fun session	2.30 to 3.45pm	Fun session	2.30 to 3.45pm	Fun session
4.00 to 5.30pm	Swimming lessons	4.00 to 5.30pm	Swimming lessons	4.00 to 5.30pm	Swimming lessons
5.35 to 6.25pm	Casual swim	5.35 to 6.25pm	Casual swim	5.35 to 6.25pm	Casual swim
THURSDAY		FRIDAY		SATURDAY	
10.00 to 11.00am	Aqua babes	9.00 to 9.55am	Casual swim	8.30 to 11.30am	Swimming lessons
11.50am to 1.00pm	Casual swim	10.00 to 10.45am	Aquacise	11.30am to 1.00pm	Casual swim
1.05 to 2.20pm	Fun session	11.50am to 1.00pm	Casual swim	1.10 to 2.55pm	Fun session
2.30 to 3.45pm	Fun session	1.05 to 2.20pm	Fun session	3.00 to 3.45pm	Swim parties
4.00 to 5.30pm	Swimming lessons	2.30 to 3.45pm	Fun session	4.00 to 4.45pm	Accessible swim club
5.35 to 6.25pm	Casual swim	4.00 to 5.30pm	Casual swim	SUNDAY	
		5.35 to 6.25pm	Casual swim	9.00 to 11.00am	Casual swim
				11.10am to 12.30pm	Fun session
				12.45 to 2.15pm	Fun session



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Casual swim

2.30 to 4.00pm