

HEIGHTS XMAS SWIM TIMETABLE

22 DEC 2025 TO 4 JAN 2026

1leisure

MON 22 DEC 2025	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 9.00am	Casual swim			
		9.00 to 9.55am	Lane swim		9.00 to 9.55am	Casual swim
		10.00 to 10.50am	Casual swim		10.00 to 10.45am	Aquacise
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50am to 1.00pm	Casual swim
		1.05 to 2.20pm	Fun session		1.05 to 2.20pm	Fun session
		2.30 to 3.45pm	Fun session		2.30 to 3.45pm	Fun session
		4.00 to 5.30pm	Swimming lessons		4.00 to 5.30pm	Swimming lessons
		5.35 to 6.25pm	Lane swim		5.35 to 6.25pm	Casual swim
		6.30 to 7.15pm	Aquacise			
		7.30 to 9.00pm	Casual swim			

TUE 23 DEC 2025	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 8.30am	Marlins			
		9.00 to 9.45am	Aquacise			
		10.00 to 10.50am	Casual swim		10.00 to 11.00am	Aqua babes
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50am to 1.00pm	Casual swim
		1.05 to 2.20pm	Fun session		1.05 to 2.20pm	Fun session
		2.30 to 3.45pm	Fun session		2.30 to 3.45pm	Fun session
		4.00 to 5.30pm	Swimming lessons		4.00 to 5.30pm	Swimming lessons
		5.35 to 6.25pm	Lane swim		5.35 to 6.25pm	Casual swim
		6.30 to 7.30pm	Casual swim			
		8.00 to 9.00pm	Lane swim			

WED 24 DEC 2025	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 9.00am	Casual swim			
		9.00 to 9.55am	Lane swim		9.00 to 9.55am	Casual swim
		10.00 to 10.50am	Casual swim		10.00 to 10.45am	Aquacise
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50 to 1.45pm	Casual swim
		1.05 to 1.45pm	Casual swim			

CHRISTMAS DAY & BOXING DAY

CLOSED

SAT 27 DEC 2025	Main Pool	9.00 to 11.30am	Casual swim	Small Pool	9.00 to 11.30am	Casual swim
		11.30am to 2.00pm	Fun session		11.30am to 2.00pm	Fun session
		2.00 to 4.00pm	Casual swim		2.00 to 4.00pm	Casual swim

SUN 28 DEC 2025	Main Pool	8.00 to 8.55am	Lane swim	Small Pool		
		9.00 to 11.30am	Fun session		9.00 to 11.30am	Fun session
		11.30am to 12.30pm	Casual swim		11.30am to 12.30pm	Casual swim
		12.45 to 2.45pm	Fun session		12.45 to 2.45pm	Fun session
		2.45 to 4.00pm	Casual swim		2.45 to 4.00pm	Casual swim

HEIGHTS XMAS SWIM TIMETABLE

22 DEC 2025 TO 4 JAN 2026

1leisure

MON 29 DEC 2025	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 9.00am	Casual swim			
		9.00 to 9.55am	Lane swim		9.00 to 9.55am	Casual swim
		10.00 to 10.50am	Casual swim		10.00 to 10.45am	Aquacise
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50am to 1.00pm	Casual swim
		1.05 to 2.20pm	Fun session		1.05 to 2.20pm	Fun session
		2.30 to 3.45pm	Fun session		2.30 to 3.45pm	Fun session
		4.00 to 5.30pm	Casual swim		4.00 to 5.30pm	Casual swim
		5.35 to 6.20pm	Lane swim		5.35 to 6.20pm	Casual swim

TUE 30 DEC 2025	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 8.30am	Marlins			
		9.00 to 9.45am	Aquacise			
		10.00 to 10.50am	Casual swim		10.00 to 11.00am	Aqua babes
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50am to 1.00pm	Casual swim
		1.05 to 2.20pm	Fun session		1.05 to 2.20pm	Fun session
		2.30 to 3.45pm	Fun session		2.30 to 3.45pm	Fun session
		4.00 to 5.30pm	Casual swim		4.00 to 5.30pm	Casual swim
		5.35 to 6.20pm	Lane swim		5.35 to 6.20pm	Casual swim

WED 31 DEC 2025	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 9.00am	Casual swim			
		9.00 to 9.55am	Lane swim		9.00 to 9.55am	Casual swim
		10.00 to 10.50am	Casual swim		10.00 to 10.45am	Aquacise
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50 to 1.45pm	Casual swim
		1.05 to 1.45pm	Casual swim			

NEW YEARS DAY			CLOSED		
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FRI 2 JAN 2026	Main Pool	6.00 to 7.30am	Lane swim	Small Pool		
		7.30 to 9.00am	Casual swim			
		9.00 to 9.55am	Lane swim		9.00 to 9.55am	Casual swim
		10.00 to 10.50am	Casual swim		10.00 to 10.45am	Aquacise
		11.00 to 11.45am	Aquacise			
		11.50am to 1.00pm	Lane swim		11.50am to 1.00pm	Casual swim
		1.05 to 2.20pm	Fun session		1.05 to 2.20pm	Fun session
		2.30 to 3.45pm	Fun session		2.30 to 3.45pm	Fun session
		4.00 to 5.30pm	Casual swim		4.00 to 5.30pm	Casual swim
		5.35 to 6.25pm	Lane swim		5.35 to 6.25pm	Casual swim
		6.30 to 7.15pm	Aquacise			
		7.30 to 9.00pm	Casual swim			

SAT 3 JAN 2026	Main Pool	8.30 to 11.30am	Swimming lessons	Small Pool	8.30 to 11.30am	Swimming lessons
		11.30am to 2.00pm	Fun session		11.30am to 2.00pm	Fun session
		2.00 to 4.00pm	Casual swim		2.00 to 4.00pm	Casual swim

SUN 4 JAN 2026	Main Pool	8.00 to 8.55am	Lane swim	Small Pool		
		9.00 to 11.30am	Fun session		9.00 to 11.30am	Fun session
		11.30am to 12.30pm	Casual swim		11.30am to 12.30pm	Casual swim
		12.45 to 2.45pm	Fun session		12.45 to 2.45pm	Fun session
		2.45 to 4.00pm	Casual swim		2.45 to 4.00pm	Casual swim