MEDINA XMAS SWIM TIMETABLE 22 DEC 2025 TO 4 JAN 2026



MON 22 DEC 2025			6.00 to 8.15am	Lane swim				
			8.15 to 9.00am	Casual swim*				
			9.15 to 10.00am	Aquacise				
		Main Pool	10.30 to 11.30am	Fun session	*		10.30 to 11.30am	Fun session
			11.45am to 1.00pm	Lane swim		Pool	11.45am to 1.00pm	Casual swim
			1.05 to 2.20pm	Fun session		I P	1.05 to 2.20pm	Fun session
			2.25 to 3.35pm	Fun session		Small I	2.25 to 3.35pm	Fun session
			3.45 to 5.15pm	Swimming lessons			3.45 to 5.15pm	Swimming lessons
			5.20 to 6.10pm	Lane swim			5.20 to 6.25pm	Casual swim
			6.15 to 8.15pm	Seaclose				
			8.15 to 9.15pm	Swim for fitness				
•		<u> </u>	• 4000	*				
			6.15 to 7.15am	Seaclose				
	4		7.15 to 8.15am	Lane swim	1			
			8.15 to 9.00am	Casual swim*				
			9.15 to 10.00am	Aquacise				
			10.30 to 11.30am	Fun session		Small Pool	10.30 to 11.30am	Fun session
TUE 23 DEC 2025		loo	11.45am to 1.00pm	Lane swim			11.45am to 1.00pm	Casual swim
		Main Pool	1.05 to 2.20pm	Fun session			1.05 to 2.20pm	Fun session
			2.25 to 3.35pm	Fun session	•		2.25 to 3.35pm	Fun session
			3.45 to 5.15pm	Swimming lessons			3.45 to 5.15pm	Swimming lessons
			5.20 to 6.25pm	Lane swim			5.20 to 6.25pm	Casual swim
			6.30 to 7.15pm	Casual swim*				
			7.30 to 8.15pm	Aquacise				
			8.30 to 9.15pm	Lane swim	•			
			6.00 to 8.15am	Lane swim				
WED		Main Pool	8.15 to 9.00am	Casual swim*		ا ا		
WED 24 DEC 2025			9.15 to 10.00am	Aquacise		Po		
			10.30am to 12.30pm	Fun session		Small Pool	10.30am to 12.30pm	Fun session
2023			12.30 to 1.45pm	Casual swim				Casual swim
			12.30 to 1.45pm	Casual Swim			12.30 to 1.45pm	Casual Swilli
CUDICTA	1001		POVINC DAY				•	
CHRISTIV	IAS I	JAY 8	& BOXING DAY	CLOSED				
SAT 27			9.30am to 1.00pm	Casual swim*			8.30am to 1.00pm	Casual swim
DEC		Main Pool	1.05 to 2.05pm	Fun session		Small Pool	1.05 to 2.05pm	Fun session
2025			2.05 to 4.00pm	Casual swim*			2.05 to 4.00pm	Casual swim
			9.00 to 10.00am	Casual swim*		Small Pool	9.00 to 10.00am	Casual swim
SUN 28		Main Pool	10.00 to 11.45am	Fun session	•		10.00 to 11.45am	Fun session
DEC			11.45am to 12.45pm	Casual swim*			11.45am to 12.45pm	Casual swim
2025			1.00 to 3.00pm	Fun session			1.00 to 3.00pm	Fun session
			3.00 to 4.00pm	Casual swim*	. 4		3.00 to 4.00pm	Casual swim





MEDINA XMAS SWIM TIMETABLE 22 DEC 2025 TO 4 JAN 2026



	_	_	6.00 1 0.45						
MON 29 DEC 2025	•		6.00 to 8.15am	Lane swim					
			8.15 to 9.00am	Casual swim*					
		_	9.15 to 10.00am	Aquacise		_ ا			
		00	10.30 to 11.30am	Fun session	•	Pool	10.30 to 11.30am	Fun session	
		Main Pool	11.45am to 1.00pm	Lane swim		Small	11.45am to 1.00pm	Casual swim	
		<u>§</u>	1.05 to 2.20pm	Fun session		Sm	1.05 to 2.20pm	Fun session	
			2.25 to 3.35pm	Fun session			2.25 to 3.35pm	Fun session	
			3.45 to 5.15pm	Casual swim	4		3.45 to 5.15pm	Casual swim	
			5.20 to 6.20pm	Lane swim			5.20 to 6.20pm	Casual swim	
			6.15 to 7.15am	Seaclose					
			7.15 to 8.15am	Lane swim					
		ľ	8.15 to 9.00am	Casual swim*					
		ŀ	9.15 to 10.00am	Aquacise					
TUE 30		00		-	•	Pool	10 20 to 11 20 cm	Fun acceion	
DEC		Main Pool	10.30 to 11.30am	Fun session		≡	10.30 to 11.30am	Fun session	
2025		Na	11.45am to 1.00pm	Lane swim		Small	11.45am to 1.00pm	Casual swim	
			1.05 to 2.20pm	Fun session			1.05 to 2.20pm	Fun session	
			2.25 to 3.35pm	Fun session			2.25 to 3.35pm	Fun session	
			3.45 to 5.15pm	Casual swim			3.45 to 5.15pm	Casual swim	
	_		5.20 to 6.20pm	Lane swim			5.20 to 6.20pm	Casual swim	
			6.00 to 8.15am	Lane swim					
WED	-	ğ	8.15 to 9.00am	Casual swim*		Pool			
31 DEC 2025		Main Pool	9.15 to 10.00am	Aquacise		Small Po			
		Za Na	10.30am to 12.30pm	Fun session			10.30am to 12.30pm	Fun session	
			12.30 to 1.45pm	Casual swim	•		12.30 to 1.45pm	Casual swim	
N D	-			•			,		
NEW YEARS DAY			CLOSED						
	_		6.00 to 8.15am	Lane swim	,		•		
	9								
FRI 2 JAN 2026			8.15 to 9.00am	Casual swim*					
			9.15 to 10.00am	Aquacise					
		ا ر	10.30 to 11.30am	Fun session			10.30 to 11.30am	Fun session	
		9 9	11.45am to 1.00pm	Lane swim		Poc	11.45am to 1.00pm	Casual swim	
		Main Pool	1.05 to 2.20pm	Fun session	ė.	Small Pool	1.05 to 2.20pm	Fun session	
		ž	2.25 to 3.35pm	Fun session		Sn	2.25 to 3.35pm	Fun session	
			3.45 to 5.15pm	Swimming lessons			3.45 to 5.15pm	Swimming lessons	
			5.20 to 6.10pm	Lane swim			5.20 to 6.10pm	Casual swim	
			6.15 to 8.15pm	Seaclose					
			8.15 to 9.15pm	Casual swim					
SAT 3			9.30am to 1.00pm	Swimming lessons		Small	8.30am to 1.00pm	Swimming lessons	
JAN	ain	Pool	1.05 to 2.05pm	Fun session			1.05 to 2.05pm	Fun session	
2026	Σ	<u>C</u>	2.05 to 4.00pm	Casual swim*			2.05 to 4.00pm	Casual swim	
	- N			A STATE OF THE STA					
SUN 4 JAN 2026			9.00 to 10.00am	Casual swim*		_	9.00 to 10.00am	Casual swim	
		0	10.00 to 11.45am	Fun session		Small Pool	10.00 to 11.45am	Fun session	
		Main Pool	11.45am to 12.45pm	Casual swim*			11.45am to 12.45pm	Casual swim	
			1.00 to 3.00pm	Fun session			1.00 to 3.00pm	Fun session	
			3.00 to 4.00pm	Casual swim*			3.00 to 4.00pm	Casual swim	
A A STATE OF THE S						-	a use level total		

